



CALGARY BOARD OF EDUCATION

Administrative Regulation 3033 - Extra-Curricular and Co-Curricular Activities

For the purpose of this statement, this distinction is made between these two types of activities; the co-curricular activities grow out of and are closely related to the regular school program and may make use of skills developed there; the extra-curricular activities need not have any definite relationship of this sort.

The Calgary Board of Education holds that the central purpose of the schools is to stimulate the intellectual development of all pupils to the fullest degree possible. The schools can best realize this purpose by providing a rich and stimulating educational experience involving, in addition to regular classroom work, opportunities to participate in a variety of suitable activities. Such activities, wisely selected and properly organized, contribute markedly to the general development of students and, hence, to the attainment of the central objective of the schools.

It is the responsibility of principals and supervisors to ensure that individual enthusiasms do not lead to an over-emphasis upon any aspect of the extra-curricular or co-curricular program. In particular, the scheduling of practices, of competitive events, and of public presentations should be handled so as not to interfere with the regular school program or to leave pupils unduly tired or excited so their participation in classroom work suffers.

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