



"This week has been full of emotion: I'm feeling empathy, hope, guilt, discouraged... encouraged." Teacher



"The Mustard Seed is a place where no one is judged and everyone is respected. I learned that it is a place where people can talk and get help, and a place where people can get jobs and earn money. [Our guest speakers] taught me that there is always hope, and when you feel like giving up, there is always a way to get where you want to." Student



After hearing a resident share their story of homelessness:  
 "That [story] was inspiring." Student  
 "[their story] was like a real life TedTalk!" Student  
 "I wasn't sad [to hear this story] I was honoured by that story." Student



## SEED SCHOOL

TRANSFORMING PERSPECTIVES, SHAPING COMMUNITIES

What does a healthy community look like? What does it mean for me to be an engaged citizen? What is the difference between charity and justice? What's our story? What is resilience? These are a few of the questions that can be explored at SEEDschool.

The Mustard Seed has long been engaged in intentional student learning experiences. SEEDschool evolved out of 22 years of summer learning programs, and two decades of speaking and teaching in school classrooms. During the 2015/2016 school year, The Mustard Seed advanced their relationship with local schools to bring students on-site for tours and workshops, and consequently developed relationship with three Campus Calgary programs. As the Campus Calgary sites began integrating The Mustard Seed into their weekly schedules, The Mustard Seed and CC/OM began to dream about

initiating a pilot program together; from this, The Mustard Seed's pilot project for the 2017/2018 academic year was born. Beginning with five weeks of programming and growing, SEEDschool is now an official site.

At SEEDschool, teachers and students are immersed in workshops, experiential learning, and service-learning. These experiences develop and build capacity for critical understandings of our interconnected Calgary-community. Each week of SEEDschool is uniquely designed around the inquiry question, student & teacher interest in activities, and opportunities to build connections to the work of The Mustard Seed and surrounding community.